



Fall 2021 Swim Lessons November 8– December 18

		Times		Dates				
	Day	Start	End	Start	End	#classes	Price	Bar Code
Parent and Little Dipper (6months-3 Years)	Wed	10:30 AM	11:00 AM	Nov 10.	Nov 24.	3	\$24.00	44297
	Wed	10:30 AM	11:00 AM	Dec 1.	Dec 15.	3	\$24.00	44301
	Sat	11:30 AM	12:00 PM	Nov 13.	Nov 20.	2	\$16.00	44308
	Sat	11:30 AM	12:00 PM	Dec 4.	Dec 18.	3	\$24.00	44313
Parent and Big Dipper (3 - 6 Years)	Wed	5:00 PM	5:30 PM	Nov 10.	Nov 24.	3	\$24.00	44305
	Wed	5:00 PM	5:30 PM	Dec 1.	Dec 15.	3	\$24.00	44304
Water Explorer (6- 16 Years)	Mon	5:00 PM	5:30 PM	Nov 8.	Nov 22.	3	\$24.00	44295
	Mon	5:00 PM	5:30 PM	Nov 29.	Dec 13.	3	\$24.00	44296
	Sat	2:00 PM	2:30 PM	Nov 13.	Nov 20.	2	\$16.00	44309
	Sat	2:00 PM	2:30 PM	Dec 4.	Dec 18.	3	\$24.00	44315
Water Discovery (6-16 Years)	Wed	5:00 PM	5:30 PM	Nov 10.	Nov 24.	3	\$24.00	44302
	Wed	5:00 PM	5:30 PM	Dec 1.	Dec 15.	3	\$24.00	44303
	Sat	2:00 PM	2:30 PM	Nov 13.	Nov 20.	2	\$16.00	44311
	Sat	2:00 PM	2:30 PM	Dec 4.	Dec 18.	3	\$24.00	44316
Stoke Work (6- 16 Years)	Sat	11:30 AM	12:00 PM	Nov 13.	Nov 20.	2	\$16.00	44310
	Sat	11:30 AM	12:00 PM	Dec 4.	Dec 18.	3	\$24.00	44314
Adults 16 Years and up	Wed	7:00 PM	7:30 PM	Nov 10.	Dec 15.	6	\$48.00	44317

Meadowbrook Pool



Meadowbrook Pool

10515 35th Ave NE
Seattle, WA, 98125
206-684-4989

Register by clicking [here](#).

FALL HOURS OF OPERATION:

Monday/Wednesday/ Friday 11:00 -7:00pm
Tuesday & Thursday 11:00 -7:30pm
Saturday 8:00am-4:00pm

Pool Closed November 11, 25, 26, 27

Parents and Little Dippers—6 Months to 3 Years

Parent and child in the water working on beginning water adjustment skills and appropriate water safety. Songs, water games and plenty of playtime included. **Instructor leads from the deck for COVID safety with a parent or other responsible adult in the water.**

Parents and Big Dippers 3 to 6 years

For non-swimmers using parent or responsible adult to assist child in the water. Basic water skills are taught with the help of adults for safety and support. **Instructor leads from the deck for COVID safety with a parent or other responsible adult in the water for assistance.**

Water Explorers 6 to 17 years

This class is for children who are considered “beginners” because they don’t yet know how to do crawl stroke, but they can or will attempt to put their face in the water and float or kick on their own.

Instruction occurs from the deck, without an adult helping in the water, because children are able and willing to practice on their own and don’t need someone in the water to assist them with standing up.

Water Discovery 6 to 17 years

Children have the basic swimming skills of floating, gliding, kicking and rolling from front to back for at least 15 yards. ***Instruction occurs from the deck, without an adult in the water, while children are willing and able to practice on their own to learn crawl stroke and other safe swimming skills.***

Stroke Work 6 to 17 years

Children can swim crawl stroke for 25 yards. They are also safe in deep water and may or may not know the other competitive strokes. Instruction is led from the deck and children are willing and able to practice without an adult in the water. ***Instruction occurs from the deck and may include swimming in deep water.***

ようこそ Bem-Vindos שָׁלוֹם Welkom
WILLKOMMEN Bienvenido Baie Welkom
Benvenuto WELCOME 歡迎
Wemukelekile Bienveneu Nazmukelekile
KARIBU 환영합니다. Mwalandiridwa Welkam



FALL 2021 COVID OPERATIONS

MODIFIED PROGRAMS: We are working to allow as much pool use as possible and still minimize face to face contact between individuals. Swim Lessons will resume when face to face contact is allowed.

REDUCED CAPACITIES: We are limiting capacities to minimize crowding in enclosed spaces and to allow for safe operations based on staffing levels.

MINIMIZE EXPOSURE: We ask that swimmers limit their locker room and shower use to five minutes or less. Consider changing and showering at home.

CONTACT TRACING: We are asking that admissions be tied to a PARKS account for contact tracing through use of a Swim Card, tying your cash/credit admission sale to your account, or tracing form at the cashier desk.

MASKS REQUIRED: Participants are required to wear a mask at all times except while in the shower or swimming.

PROOF OF VACCINATION OR A NEGATIVE TEST RESULT W/IN 72 HOURS REQUIRED FOR ANYONE OVER 12 YEARS OLD. (Oct 25)

LIMITED AMENITIES: The SAUNA will remain closed until mask and social distancing recommendations allow for full use.